



2024 Team Rising 11th Graders  
2025 Team Rising 10th Graders  
2026 Team Rising 9th Graders

## **Fall Program**

- Up to 6 Team Practices (Sundays Starting October 2)
- Two tournaments November 7th and 14th
- Additional positional training clinics

## **Winter Program**

- 4 Team Practices + Speed & agility training
- Box All-Star teams (Tryouts in November 2022)
- [Optional] Indoor Box league and Positional Training Clinics

## **Summer Program**

- Up to 12 team practices (Weekdays 6:30-8:00pm)
- 4 High level tournaments  
(6/10-11, 6/17-18, 6/24-25 and 7/8-9)
- Additional positional training clinics

## **Totals and Costs - \$2000**

- Includes 20+ practices, 10+ event days, access to exclusive events, discounts on special training, full time staff, and a highly qualified coaching staff.
- Team playbook, player gift and a donation to the HEADstrong Foundation.
- Access to St.Luke's athletic trainers for baseline testing and health assessments.
- Individual player evaluations and team communications via Teamsnap.
- Pricing includes the full year program. Multiple payment plans are available.
- A new uniform is included in the price for all players.